List of Measures and Their Subscales
PSY 361 Fall 2015 Study
Prof. Bauer

This list serves as a key to the abbreviations of variables as they appear on the statistics printout. This list also allows you to find a specific item (i.e., survey question) for any given measure. Use the item numbers listed here to find those items in the survey itself.

Items 1-10: Ten Item Personality Inventory (Gosling, Rentfrow, & Swann, 2003)
This measure has 10 items total, consisting of five subscales of two items each
- TIPI_N = Neuroticism (items 4, 9R; “R” denotes reverse-scored items)
- TIPI_E = Extraversion (1, 6R)
- TIPI_O = Openness to experience (5, 10R)
- TIPI_C = Conscientiousness (3, 8R)
- TIPI_A = Agreeableness (2R, 7)

Items 11-22: Achievement Goal Questionnaire – Revised (Elliot & McGregor, 2001)
This measure has 12 items total, consisting of four subscales of three items each
- AGQ_MasApp = Mastery Approach Achievement Goals (items 11, 13, 17)
- AGQ_MasAvd = Mastery Avoidance Achievement Goals (15, 19, 21)
- AGQ_PerfApp = Performance Approach Achievement Goals (12, 14, 18)
- AGQ_PerfAvd = Performance Avoidance Achievement Goals (16, 20, 22)

Items 23-30: Growth Motivation Index (Bauer, Park, Montoya, & Wayment, 2014)
This measure has 8 items total, consisting of two subscales of four items each
- GMI_Exp = Experiential Growth Motivation (items 23-26)
- GMI_Ref = Reflective Growth Motivation (earlier ppt called it “intellectual growth motivation”) (items 27-30)

Items 31-35: Satisfaction with Life Scale (Diener, Emmons, Larsen, & Griffin, 1985)
This is an 5-item measure with no subscale
- SWL = Life satisfaction

Items 36-47: Passion Scale (Vallerand et al., 2003)
This measure has 12 items total, consisting of two subscales of six items each
- HP = Harmonious Passion (36, 38, 40, 41, 43, 45)
- OP = Obsessive Passion (37, 39, 42, 44, 46, 47)

Items 48-89: Psychological Well-Being (Ryff & Singer, 1998)
• This measure has 42 items total, consisting of six subscales of seven items each
• This scale is a little tricky to write about, so follow the same phrasing format that is described below under “PWB_AU” and apply tem to the other subscales
• For item numbers, skip to the bottom of this document
- PWB_AU = Autonomy (you may use the abbreviation of PWB-autonomy when mentioning the measure/variable; you may refer to it as participants’ “sense of well-being with
respect to autonomy,” or simply their “sense of autonomy” as long as you make sure it’s clear early in your paper that PWB-autonomy is a form of well-being.

PWB_EM = Environmental Mastery (a measure of how much one feels a general sense of mastery in various situations or activities in life)

PWB_PG = Personal Growth (a measure of how much one feels that one has grown)

PWB_PL = Purpose in Life (a measure of how much one feels a sense of purpose in life)

PWB_PR = Positive Relationships (a measure of how much one feels that their relationships with other people are good)

PWB_SA = Self-Acceptance (a measure of how much one accepts one’s life and who one is)

• Items for each dimension of PWB as listed in order as they appear in our survey. However, in our survey, the same items are numbered as items 48-89. To figure out which item below corresponds to which item in the survey, just add 47 to the number below. That will be the number of that item in the survey.

EM+__1. In general I feel that I am in charge of the situation in which I live.

PG–_2. I am not interested in activities that will expand my horizons.

PR+__3. Most people see me as loving and affectionate.

SA+ __4. When I look at the story of my life, I am pleased with how things have turned out.

AU+__5. I am not afraid to voice my opinions, even when they are in opposition to the opinions of most people.

EM–__6. The demands of everyday life often get me down.

PR–_7. Maintaining close relationships has been difficult and frustrating for me.

PL–_8. I live life one day at a time and don’t really think about the future.

SA+ __9. In general, I feel confident and positive about myself.

AU+__10. My decisions are not usually influenced by what everyone else is doing.

EM–_11. I do not fit very well with the people and the community around me.

PR–_12. I often feel lonely because I have few close friends with whom to share my concerns.

PL+__13. I have a sense of direction and purpose in life.

SA–_14. I feel like many of the people I know have gotten more out of life than I have.

AU–_15. I tend to worry about what other people think of me.

EM+__16. I am quite good at managing the many responsibilities of daily life.

PR+__17. I enjoy personal and mutual conversations with family members or friends.

EM–_18. I often feel overwhelmed by my responsibilities.

PG+__19. I think it is important to have new experiences that challenge how you think about yourself and the world.

PL–_20. My daily activities often seem trivial and unimportant to me.

SA+ __21. I like most aspects of my personality.

AU–_22. I tend to be influenced by people with strong opinions.

PG–_23. When I think about it, I haven’t really improved much as a person over the years.

PL–_24. I don’t have a good sense of what it is that I am trying to accomplish in life.

SA–_25. In many ways, I feel disappointed about my achievements in life.

PL+__26. I enjoy making plans for the future and working to make them a reality.

AU+__27. I have confidence in my own opinions, even if they are contrary to the general consensus.

PG+__28. I have the sense that I have developed a lot as a person over time.

PR+__29. People would describe me as a giving person, willing to share my time with others.
AU-__30. It’s difficult for me to voice my own opinions on controversial matters.
PG-__31. I do not enjoy being in new situations that require me to change my old familiar ways of doing things.
PR-__32. I have not experienced many warm and trusting relationships with others.
PL+__33. Some people wander aimlessly through life, but I am not one of them.
SA-__34. My attitude about myself is probably not as positive as most people feel about themselves.
PG-__35. For me, life has been a continuous process of learning, changing, and growth.
PL-__36. I sometimes feel as if I’ve done all there is to do in life.
PR+__37. I know that I can trust my friends, and they know they can trust me.
EM-__38. I have difficulty arranging my life in a way that is satisfying to me.
PG-__39. I gave up trying to make big improvements or changes in my life a long time ago.
SA+__40. When I compare myself to friends and acquaintances, it makes me feel good about who I am.
AU+__41. I judge myself by what I think is important, not by the values of what others think is important.
EM+__42. I have been able to build a home and a lifestyle for myself that is much to my liking.

**Items 90-100: Identity Status Inventory – Information Orientation (Berzonsky, 1989)**

*This is an 11-item measure with no subscale*

ISI = Identity Exploration (a measure of the tendency to explore new or different perspectives on oneself and one’s life)

**Items 101-107: Demographics**

Gender: A = 1 (labeled Male), B = 2 (labeled Female)
Age: A = 18, B = 19, C = 20, D = 21, E = 22, F = 23 (labeled 23 or more)
Year: A = 1 (labeled Freshman), B = 2 (labeled Sophomore), C = 3 (labeled Junior), D = 4 (labeled Senior)
Ethnicity: A = 1 (EuroAmerican) etc. (see statistics printout)
Major: A = 1 (labeled Psychology), etc. (see statistics printout)
GPA: A = 1 (labeled <2.0), etc. (see statistics printout)
Politics–beliefs: A = 1 (labeled Strongly Conservative), B = 2 (labeled More Conservative), C = 3 (labeled More Liberal), D = 4 (labeled Strongly Liberal)