

Jack J. Bauer
Curriculum Vitae
(Revised July 2015)

Department of Psychology
University of Dayton
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Education

- Postdoctoral Fellowship (Personality Development) 1999 - 2002
Northwestern University, The Foley Center for the Study of Lives
Advisor: Dan P. McAdams, Ph.D.
- Ph.D., Psychology (Human Development), 1999; M.A., 1997 1993 - 1999
The Catholic University of America, The Life Cycle Institute
Advisor: George A. Bonanno. Ph.D.
- B.A., Economics (concentration in Eastern Philosophy) 1985 - 1989
College of the Holy Cross, Worcester, MA

Academic Positions

- University of Dayton, Dayton, OH 2006 - present
Professor (2015 - present)
Visiting Scholar, Quality of Life Research Center, Claremont Graduate University (2015)
Raymond A. Roesch, S.M. Endowed Chair in the Social Sciences (2010 – 2014)
Associate Professor (2009 – 2015)
Assistant Professor (2006 – 2009)
- Northern Arizona University, Flagstaff, AZ, *Assistant Professor* 2002 - 2006
Northwestern University, *Research Assistant Professor* 2001 - 2002
Washington College, Chestertown, MD, *Visiting Assistant Professor* 1999
The Catholic University of America, *Instructor* 1995 - 1998

Editorial Positions

- Associate Editor, *Journal of Personality and Social Psychology*, 2009 – 2011
Guest Editor, *Journal of Research in Personality*, 2008, 2011
Editorial Board, *Journal of Research in Personality*, 2006 – present

Courses Taught

- Graduate Courses:*
Personality Development
History of Psychology

Undergraduate Courses:

Personality Psychology
Adult Development and Aging
Self and Identity
History of Psychology
Human Growth and Development (for non-majors)
Maximizing Your International Experience (prep course for study abroad)
Child Psychology
Life-Span Development
Intentional Self-Development (honors)
Social Psychology
Introduction to Psychology

Research Topics

Self-identity, personality, and human development
Narrative psychology and life stories
Growth motivation, growth narratives, personal growth
Eudaimonic and hedonic models of a good life and well-being
Cultivating fullness of personhood: well-being, happiness, passion, wisdom, love, compassion, self-actualizing, balancing pleasure and meaning in life
The quiet ego: Transcending self-interest via compassion, mindfulness, and growth
Major life decisions and transitions
Cross-cultural concepts of growth and a good life
Advanced levels of personal development
Quantitative and qualitative mixed methods

Books

Bauer, J. J. (in preparation). *The Transformative Self: Identity, Growth, and a Good Life Story*. New York: Oxford University Press.

Wayment, H. A., & Bauer, J. J. (Eds.) (2008). *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*. Washington, D.C.: American Psychological Association Books.

⇒ Chapter authors were invited speakers at The Quiet Ego Conference (see below)

Journal Articles and Book Chapters (*co-authored with students)

Wayment, H. A., & Bauer, J. J. (invited chapter in preparation). The quiet ego. In M. Robinson & M. Eid (Eds.), *The Happy Mind: Cognitive Contributions to Well-Being*. New York: Springer.

- Bauer, J. J., & DesAutels, P. (invited manuscript under review). Eudaimonia^{Cosmopolitan}: Toward an integrative, developmental model of a good life. In E. Nelson (Ed.), *Naturalism and Asian Philosophy: Owen Flanagan and Beyond*. Albany, NY: SUNY Press.
- *Note: This work is in the field of philosophy*
- Bauer, J. J. (invited manuscript under review). Eudaimonic growth: How the transformative self as a good life story cultivates the wellness of one's being. In J. Vittersø (Ed.), *Handbook of Eudaimonic Wellbeing*. New York: Springer.
- *Bauer, J. J., Park, S. W., Montoya, R. M., & Wayment, H. A. (2015). Growth motivation toward two paths of eudaimonic self-development. *Journal of Happiness Studies*, *16*, 185-210.
- *Wayment, H. A., Bauer, J. J., & Sylaska, K. (2015). The quiet ego scale: Measuring the compassionate self-identity. *Journal of Happiness Studies*, *16*, 999-1033.
- *Bauer, J. J., Schwab, J. R., & McAdams, D. P. (2011). Self-actualizing: Where ego development finally feels good? *The Humanistic Psychologist*, *39*, 121-136.
- *The journal's most-read article, May 2014*
- Bauer, J. J. (2011). The postconventional self: Ego maturity, growth stories ... and happiness? In A. Pfaffenberger, P. W. Marko, and A. Combs (Eds.), *The Postconventional Personality: Perspectives on Higher Development*, pp. 101-118. Albany, NY: SUNY Press.
- Bauer, J. J., & McAdams, D. P. (2010). Eudaimonic growth: Narrative growth goals predict increases in ego development and subjective well-being three years later. *Developmental Psychology*, *46*, 761-772.
- *Bauer, J. J., & Park, S. W. (2010). Growth isn't just for the young: Growth narratives, eudaimonic resilience, and the aging self. In P. S. Frye and C. L. M. Keyes (Eds.), *New Frontiers in Resilient Aging*, pp. 60-89. Cambridge, England: Cambridge University Press.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2009). Growth motivation attenuates the self-serving attribution. *Journal of Research in Personality*, *43*, 914-917.
- Bauer, J. J. (2009). Intentional self-development. In S. J. Lopez (Ed.), *Encyclopedia of Positive Psychology*, pp. 523-527. London: Blackwell.
- Bauer, J. J. (2009). Growth goals. In S. J. Lopez (Ed.), *Encyclopedia of Positive Psychology*, pp. 447-453. London: Blackwell.
- *Bauer, J. J., & Perciful, M. S. (2009). Constructivism. In S. J. Lopez (Ed.), *Encyclopedia of Positive Psychology*, pp. 226-231. London: Blackwell.

- Bauer, J. J. (2008). How the ego quiets as it grows: Ego development, growth stories, and eudaimonic personality development. In H. A. Wayment & J. J. Bauer (Eds.), *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*, pp. 199-210. Washington, D.C.: American Psychological Association Books.
- Bauer, J. J., & Wayment, H. A. (2008). The psychology of the quiet ego. In H. A. Wayment & J. J. Bauer (Eds.), *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*, pp. 3-19. Washington, D.C.: American Psychological Association Books.
- Bauer, J. J., McAdams, D. P., & Pals, J. L. (2008). Narrative identity and eudaimonic well-being. *Journal of Happiness Studies*, 9, 81-104.
 • Part of a special issue on eudaimonic well-being
- Dickson, K. L., & Bauer, J. J. (2008). Do students learn course material during crib sheet construction? *Teaching of Psychology*, 35, 1-4.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2008). Growth motivation: A buffer against low self-esteem. *The Ohio Psychologist*, 55, 18-20.
- Bauer, J. J. (2007). Happiness: Evidence for Aristotle (and then some). (A review of J. Haidt, *The Happiness Hypothesis: Finding Modern Truth in Ancient Wisdom*.) *Journal of Positive Psychology*, 2, 76-78.
- *McAdams, D. P., Bauer, J. J., Sakaeda, A. R., Anyidoho, N. A., Machado, M. A., Magrino-Failla, K., White, K. W., Pals, J. L. (2006). Continuity and change in the life story: A longitudinal study of autobiographical memories in emerging adulthood. *Journal of Personality*, 74, 1371-1400.
- *Bauer, J. J., McAdams, D. P., & Sakaeda, A. R. (2005). Crystallization of desire and crystallization of discontent in narratives of life-changing decisions. *Journal of Personality*, 73, 1181-1213.
- *Bauer, J. J., McAdams, D. P., & Sakaeda, A. R. (2005). Interpreting the good life: Growth memories in the lives of mature, happy people. *Journal of Personality and Social Psychology*, 88, 203-217.
- Bauer, J. J., & McAdams, D. P. (2004). Growth goals, maturity, and well-being. *Developmental Psychology*, 40, 114-127.
- Bauer, J. J., & McAdams, D. P. (2004). Personal growth in adults' stories of life transitions. *Journal of Personality*, 72, 573-602.
 • Part of a special issue showcasing original research on narrative identity

- McAdams, D. P., & Bauer, J. J. (2004). Gratitude in modern life: Its manifestations and development. In R. A. Emmons and M. E. McCullough (Eds.), *The Psychology of Gratitude* (pp. 81-99). New York: Oxford University Press.
- Bauer, J. J. (2003). Making sense of making sense of loss. (Review of Robert A. Neimeyer (Ed.), *Meaning reconstruction and the experience of loss*.) *Contemporary Psychology: The APA Review of Books*, 48, 165-167.
- Bauer, J. J., & Bonanno, G. A. (2001). Doing and being well (for the most part): Adaptive patterns of narrative self-evaluation during bereavement. *Journal of Personality*, 69, 451-482.
- Bauer, J. J., & Bonanno, G. A. (2001). I can, I do, I am: The narrative differentiation of self-efficacy and other self-evaluations while adapting to bereavement. *Journal of Research in Personality*, 35, 424-448.
- Bauer, J. J., & Bonanno, G. A. (2001). Continuity amid discontinuity: Bridging one's past and present in stories of conjugal bereavement. *Narrative Inquiry*, 11, 123-158.
- Hart, H. M., McAdams, D. P., Hirsch, B. J., & Bauer, J. J. (2001). Generativity and social involvement among African-American and among White adults. *Journal of Research in Personality*, 35, 208-230.
- Bauer, J. J., & McAdams, D. P. (2000). Competence, relatedness, and autonomy in life stories. *Psychological Inquiry*, 11, 276-279.

Conferences, Seminars, & Lecture Series Organized

- Narrative Research Group Inaugural Conference* (May 8-11, 2014). Founding co-coordinator of this new organization of scholars of narrative psychology. Wellfleet, Cape Cod, MA.
- Roesch Chair Lecture in the Social Sciences* (2011 – 2013). Founding coordinator of this lecture series at the University of Dayton, featuring:
- Haidt, J. (2013, September). *The Righteous Mind: Why Good People Are Divided by Politics and Religion*.
 - Flanagan, O. (2012, April). *Eudaimonics: Science and Human Flourishing*.
 - McAdams, D. P. (2011, April). *George W. Bush and the Redemptive Dream: A Psychological Portrait*.
- Social Sciences Symposium* (2010 – 2013). Coordinated four annual conferences for student research at the University of Dayton. Approximately 175 students participated each year.

The Quiet Ego Conference: Implications of a Less Defensive Orientation Toward the Self and Others (October 27-29, 2005). Created and organized by Heidi A. Wayment and Jack J. Bauer. Northern Arizona University, Flagstaff, AZ.

- This conference brought together leading researchers from the areas of personality, social, developmental, clinical, physiological, and industrial/organizational psychology, as well as sociology, to present and discuss research on the limitations of egotism and the benefits and ways of transcending it
- Conference speakers (and chapter authors for the Quiet Ego book) included:

Monika Ardel, Ph.D. (U. of Florida)	Audrey Korsgaard, Ph.D. (U. of S. Carolina)
Jack Bauer, Ph.D., (Northern Arizona U.)	Virginia Kwan, Ph.D. (Princeton U.)
Kirk W. Brown, Ph.D. (Virginia Comm. U.)	Mark Leary, Ph.D. (Wake Forest U.)
Keith Campbell, Ph.D. (U. of Georgia)	Dan McAdams, Ph.D. (Northwestern U.)
Jennifer Crocker, Ph.D. (U. of Michigan)	Michael McCullough, Ph.D. (U. of Miami)
Ed de St. Aubin, Ph.D. (Marquette U.)	Bruce Meglino, Ph.D. (U. of So. Carolina)
Julie Exline, Ph.D. (Case West. Reserve U.)	Kristin Neff, Ph.D. (U. of Texas, Austin)
Lowell Gaertner, Ph.D. (U. of Tennessee)	Richard Ryan, Ph.D. (U. of Rochester)
Jeff Greenberg, Ph.D. (U. of Arizona)	Heidi Wayment, Ph.D. (No. Arizona U.)
Holley Hodgins, Ph.D. (Skidmore College)	Derrick Wirtz, Ph.D. (No. Arizona U.)
Margaret Kemeny, Ph.D. (UC–San Fran.)	Michael Wohl, Ph.D. (Carleton U.)
Michael Kernis, Ph.D. (U. of Georgia)	

Chaired Symposia at Professional Conferences

Bauer, J. J., & Adler, J. M. (Co-chairs; 2013, January). *From crisis to catalyst: The narrative transformation of difficulty into self development*. Symposium at the annual convention of the Society for Personality and Social Psychology, New Orleans. Symposium for Div. 8 – Personality and Social Psychology.

- Speakers included: Kate C. McLean, Ph.D. (University of Toronto), Jennifer Lihlgendahl, Ph.D. (Haverford College), Monisha Pasupathi, Ph.D. (University of Utah), Jonathan M. Adler, Ph.D. (Franklin W. Olin College of Engineering),

Bauer, J. J. (Chair; 2005, August). *Growth Stories: Narrative Identity Development and Its Empirically Emerging Principles*. Symposium for Div. 8 – Personality and Social Psychology. Annual convention of the American Psychological Association, Washington, DC.

- Speakers included: Kate C. McLean, Ph.D. (University of Toronto), Jennifer L. Pals, Ph.D. (Northwestern University), Monisha Pasupathi, Ph.D. & Trisha Weeks, M.A. (University of Utah), Jack Bauer, Ph.D. (Northern Arizona University), and Dan P. McAdams, Ph.D. (Discussant; Northwestern University).

Pfaffenberger, A. H., & Bauer, J. J. (Co-chairs; 2005, August). *Higher Stages of Personality Development*. Symposium for Div. 32 – Humanistic Psychology. Annual convention of the American Psychological Association, Washington, DC.

- Speakers included: Angela H. Pfaffenberger, M.A. (Saybrook Graduate School), Jack Bauer, Ph.D. (Northern Arizona University), Fred Travis, Ph.D. (Maharishi University),

Dane Hewlett, Ph.D. (Fielding Graduate Institute), Susann Cook-Greuter, Ed.D. (Integral Institute), and Tom Greening, Ph.D. (Discussant; Saybrooke Graduate School).

Talks (*co-authored with students)

- Bauer, J. J., & DesAutels, P. (2015, March). *Eudaimonic growth: How virtues and motives shape the narrative self and its development within a social ecology*. The Interdisciplinary Moral Forum, Marquette University, Milwaukee.
- Bauer, J. J. (2014, April). *The transformative self: Narrating growth at the margins of personhood*. Invited speaker for the lecture series, “The Transformative Periphery: Negotiating Identities from the Margins,” part of the “Identities in Transformation” research program at the Long Room Hub at Trinity College, Dublin, Ireland.
- Bauer, J. J. (2013, June). *What is a good life?* Invited paper at the annual meeting of the Society for Personology, Northampton, MA.
- Bauer, J. J. (2013, January). *Transformation and narrative identity: An introduction*. Paper for symposium at the annual convention of the Society for Personality and Social Psychology, New Orleans. Symposium for Div. 8 –Personality and Social Psychology.
- Bauer, J. J. (2012, November). *Growth is not just for the young: Narratives of the aging, transformative self*. Paper in symposium (J. Lodi-Smith & S. K. Whitbourne, co-chairs), Creative approaches to integrating idiographic and nomothetic methods to study the lived life. Annual convention of the Gerontological Society of America, San Diego, CA.
- Bauer, J. J. (2012, October). *Compassion and the transformative self*. Invited paper at the Living Compassion Conference, Northern Arizona University, Flagstaff, AZ.
- *Bauer, J. J., & Graham, L. E. (2012, March). *The transformative self: Transcendence in narratives of eudaimonic growth*. Paper in symposium (J. Martin & M. Freeman, co-chairs), Narrative perspectives in the psychology of personhood. Annual convention of the Society for Humanistic Psychology, Pittsburgh.
- Bauer, J. J. (2011, November). *The science of life stories and personal growth*. Invited symposium paper for the annual Spotlight on Technology, Art, Research, and Scholarship, University of Dayton.
- Bauer, J. J. (2011, May). *The inimitable narratives of eudaimonic growth*. Invited paper for colloquium at Wright State University, Dayton, OH.
- Bauer, J. J. (2011, February). *The humanities and the education pie: Be the crust, not a piece*. Paper for the 18th Annual Humanities Symposium (P. A. Johnson, Chair), University of Dayton.

- Bauer, J. J. (2010, September). *Meaning, happiness, and science*. Keynote address for the Annual Joint Installation of Endowed Chairs at the University of Dayton. Dayton, OH.
- Bauer, J. J. (2009, November). *Life stories and the science of personal growth*. Invited paper for colloquium at Wittenberg University, Springfield, OH.
- *Park, S., & Bauer, J. J. (2009, May). *Portraits of subjective and psychological well-being*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago.
- *Bauer, J. J., Park, S., & McAdams, D. P. (2009, February). *The incremental validity of growth narratives in the eudaimonic personality*. Paper in symposium (J. Lodi-Smith, chair), Incremental Validity of Narratives as Predictors of Psychological Health." Annual convention of the Society for Personality and Social Psychology, Tampa, FL.
- Bauer, J. J., & McAdams, D. P. (2006, August). *Self-transcendence in life stories and the development of a quiet ego*. Paper in symposium (M. R. Leary, chair), Paths to a Quiet Ego: Reducing the Effects of Excessive Egotism. Annual convention of the American Psychological Association, New Orleans.
- Bauer, J. J. (2005, October). *The heart and the head: Two paths of self-transcendence in stories of personal growth*. Invited paper at conference at Northern Arizona University, "The Quiet Ego: Implications of a Less-Defensive Orientation of the Self," Flagstaff, AZ.
- Bauer, J. J. (2005, August). *Growth goals and the intentional cultivation of the good life*. Paper in symposium (J. J. Bauer, chair), Growth Stories: Narrative Identity Development and Its Empirically Emerging Principles. Annual convention of the American Psychological Association, Washington, DC.
- Bauer, J. J. (2005, August). *Growth stories and the good life*. Paper in symposium (A. H. Pfaffenberger & J. J. Bauer, co-chairs), Higher Stages of Personality Development. Annual convention of the American Psychological Association, Washington, DC.
- Bauer, J. J., & McAdams, D. P. (2004, April). *Major life goals, goal hierarchies, and personality development*. Paper at annual convention of the Rocky Mountain Psychological Association, Reno, NV.
- Bauer, J. J. (2003, August). *Growth and well-being in stories of career transitions*. Paper in symposium (D. Blustein, chair), New Perspectives of Vocational Psychology: Views from across the Disciplines. Annual convention of the American Psychological Association, Toronto.
- Bauer, J. J., & Bonanno, G. B. (2002, May). *Narrative self-evaluation while adapting to loss*. Paper at annual convention of the Midwestern Psychological Association, Chicago.

- Bauer, J. J. (2002, February). *Goals, memories, and the self-regulation of personality development*. Invited paper at psychology colloquium at Vassar College, Poughkeepsie, NY.
- Bauer, J. J. (2001, October). *What growth sounds like*. Invited address, Advocate Ravenswood Medical Center, Chicago.
- Bauer, J. J. (2001, August). *Growth and well-being in stories of voluntary life transitions*. Paper at Positive Psychology Summer Training Institute, Sea Ranch, CA.
- *Bauer, J. J., & Sakaeda, A. R. (2001, July). *Growth themes in autobiographical memories*. Paper in symposium (B. Woike, chair), Advances in Autobiographical Memory Research: Implications for Developmental and Personality Psychology. The Third International Conference on Memory, Valencia, Spain.
- *Bauer, J. J., Sakaeda, A. R., & McAdams, D. P. (2001, May). *Desire and discontent in making life decisions*. Paper at annual convention of the Midwestern Psychological Association, Chicago.
- Bauer, J. J. (2000, November). *Personal growth and the life story*. Invited paper for colloquium series at Teachers College, Columbia University, New York.
- Bauer, J. J. (1998, November). *Personality and social psychological perspectives on narrative identity during life change*. Paper at annual meeting of the Capitol Area Social Psychological Association, Washington, DC.

Poster Presentations (*co-authored with students)

- *Bauer, J. J., Auge, M., Holtzhauser, M., Marshall, A. A., McLean, K. C., & Lilgendahl, J. P. (2015, February). *Young growth, mature growth: What growth sounds like in narratives by age and well-being*. Poster at the annual convention of the Society for Personality and Social Psychology, Long Beach, CA.
- *Brown, M., & Bauer, J. J. (2015, February). *Writing about my adamantium skeleton: The effect of media self-assimilation on physical strength and male body image*. Poster at the annual convention of the Society for Personality and Social Psychology, Long Beach, CA.
- *Wayment, H. A., Bauer, J. J., & Sylaska, K. (2014, May). *The Quiet Ego Scale: Measuring the compassionate self-identity*. Poster presented at the annual convention of the Association for Psychological Science, San Francisco.
- *Bauer, J. J., McLean, K. C., Lilgendahl, J. P., Graham, L. E., Lynch, B. P., & Lauber, E. A. (2014, February). *Growth is not just for the young: Age, well-being, and narratives of*

growth and redemption. Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas.

- *Lauber, E. A., & Bauer, J. J. (2014, February). *Perfectionism: Good, bad, or growth?* Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas.

- Montoya, R. M., & Bauer, J. J. (2013, January). *To B.S. or not to B.S.: Bullshit as a strategy for impression management*. Poster at the annual meeting of the Society for Personality and Social Psychology, New Orleans.

- *Bauer, J. J., & Graham, L. E. (2012, January). *Narratives of recovery, gain, and growth in relation to well-being*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

- *Bauer, J. J., Kamble, S. V., & Park, S. W. (2011, January). *Growth motivation in India: Individualism, collectivism, caste, and gender*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

- *Park, S. W., Colvin, C. R., Hill, K. M., & Bauer, J. J. (2011, January). *Accuracy and bias in self-perception of academic ability*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

- *Boyce, K., Wayment, H. A., & Bauer, J. J. (2011, January). *Self-awareness, interdependence, compassion, and growth: Development of a Quiet Ego Scale*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

- *Pesola, N., Bauer, J. J., & Park, S. W. (2010, May). *Growth motivation in Guatemala*. Poster presented at the annual meeting of the Association for Psychological Science, Boston.

- *Park, S. W., Taylor, B. A., Bauer, J. J., & Montoya, R. M. (2010, May). *A fundamental error in the fundamental attribution error*. Poster presented at the annual meeting of the Association for Psychological Science, Boston.

- *Arbuckle, N. B., & Bauer, J. J. (2010, February). *The effects of reverse stereotype presentation on performance*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

- *Park, S. W., & Bauer, J. J. (2009, July). *Lack of effort, is it my responsibility? It depends on who you are*. Poster presented at the first annual meeting of the Association for Research in Personality, Evanston, IL.

- *Park, S., Bauer, J. J., Arbuckle, N. B., & Kimble, C. E. (2009, February). *Growth motivation attenuates the self-serving bias: An experimental setting*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Bauer, J. J., & McAdams, D. P. (2008, August). *Intentional self-development in emerging adulthood*. Poster presented at the annual convention of the American Psychological Association, Boston.
- *Moncher, C., & Bauer, J. J. (2008, August). *Incident-specific and global self-blame in sexual assault adjustment*. Poster at the annual convention of the American Psychological Association, Boston, 2008.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2008, May). *Growth motivation attenuates the self-serving bias*. Poster session presented at the annual convention of the Association for Psychological Science, Chicago, IL.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2008, May). *Growth motivation moderates the effect of self-esteem on the self-serving attribution*. Poster session presented at the annual convention of the Society for the Study of Motivation, Chicago, IL.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2008, May). *Who has motivation for growth and self-improvement?* Poster session presented at the annual convention of the Society for the Study of Motivation, Chicago, IL.
- *Bauer, J. J., Wayment, H. A., Park, S., Lauer, A., Perciful, M. S., Arbuckle, N. B. (2008, February). *The growth motivation index: Differentiating cognitive and experiential motives toward development*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Albuquerque.
- Wayment, H. A., & Bauer, J. J. (2008, February). *Wisdom and well-being among college students: The role of savoring and mindfulness*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Albuquerque.
- *Moncher, C., Finley, G., & Bauer, J. J. (2007, April). *Who's to blame—you, me, or us? The role of blame in adjustment to sexual assault*. Poster presented at the annual meeting of Arizona Psi Chi, Flagstaff, AZ.
- *Irwin, C. M., Blankenship, V., Bauer, J., & Wayment, H. (2007, March). *Motivation for gambling in senior adults and overall life satisfaction*. Poster presented at the annual convention of the Western Psychological Association, Vancouver, British Columbia, Canada.
- Dickson, K. L., & Bauer, J. J. (2007, March). *Construction and use of crib cards in varying conditions of studying and testing*. Poster presented at the annual convention of the Society for Research on Childhood and Adolescence, Boston.

- *Buchberg, K., Grahber, C., Wayment, H. A., & Bauer, J. J. (2007, March). *Wisdom and well-being among college students: The role of savoring and mindfulness*. Poster presented at the Arizona Psi Chi Research Conference, Flagstaff, Arizona.
- Bauer, J. J. (2007, January). *Growth goals and the intentional development of maturity and happiness*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Memphis.
- Bauer, J. J., & McAdams, D. P. (2002, August). *Personal growth, interpersonal growth, satisfaction, and voluntary life transitions*. Poster presented at the annual convention of the American Psychological Association, Chicago.
- *Bauer, J. J., Green, R. M., McAdams, D. P., & Sakaeda, A. R. (2002, February). *The three levels of the good life*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Savannah, GA.
- *Bauer, J. J., Sakaeda, A. R., & McAdams, D. P. (2001, August). *Growth versus consolidation in key episodes of life stories*. Poster presented at the annual convention of the American Psychological Association, San Francisco.
- *Bauer, J. J., Sakaeda, A. R., Green, R. M., Janis, L., & McAdams, D. P. (2001, February). *Values, goals, growth, and well-being*. Poster presented at the annual convention of the Society for Personality and Social Psychology, San Antonio.
- Bauer, J. J., & Bonanno, G. A. (1999, August). *Constructing narrative identity while adapting to conjugal bereavement*. Poster presented at the annual convention of the American Psychological Association, Boston.

Grants and Awards

- Self, Motivation, and Virtue Project of the John Templeton Foundation (2015-2017)
My role: P.I. (co-P.I., Peggy DesAutels, Philosophy Department, University of Dayton)
Project: Eudaimonic growth: How virtue and motivation shape narrative self development within a social ecology (\$190,000)
- John Templeton Foundation (2013-2015)
My role: Consultant. *PI:* Dr. Julie Exline, Case Western Reserve University
Project: Religious/spiritual struggle as a fork in the road toward growth or decline: Setting the stage for healing and transformation (\$1.2 million)
- Metanexus Global Network Initiative Catalyst Grant (2009)
My role: P.I. *Project:* What is a good life? Transdisciplinary explorations of a life well lived as interpreted by diverse disciplines and peoples (\$30,000)
Status: Ranked highly but program was terminated before grants were awarded

- Intramural Research Grant, University of Dayton Research Council (2008)
Project: Intentional self-development through voluntary life transitions (\$5,200)
- Intramural Research Grant, University of Dayton Research Council (2007)
Project: Research on personal growth and personality development (\$5,344)
- American Psychological Association Science Directorate Grant (2005)
My role: Co-P.I. with Heidi A. Wayment
Project: A conference, “The Quiet Ego: Implications of a Less-Defensive Orientation toward the Self and Others,” at Northern Arizona University, October 27-29 (\$13,000)
- Intramural Research Grant, Northern Arizona University (2005)
Project: Research on narrative identity development (\$11,000)
- Bi-Annual Award for Outstanding Teaching (2005). Pi Beta Phi sorority, Northern Arizona University
- Intramural Research Grant, Northern Arizona University (2004)
Project: Research on transitions in careers and religions (\$7,600)
- Louie Award for Outstanding Teaching (2004). Associated Students of Northern Arizona University
- Intramural Research Grant, Northern Arizona University (2003)
Project: Research on life transition narratives (\$3,000)
- Grant Proposal Initiative, College of Social and Behavioral Sciences, Northern Arizona University (2003). *Project:* Preparation for grant proposal (\$2,000)
- Positive Psychology Young Scholars Grant, John Templeton Foundation (2002-2004)
My Role: P.I.
Project: Intentional Self-Development via Voluntary Life Transitions (\$10,000)
- “Most Important Paper of the Year,” *Journal of Research in Personality*. For Hart, H. M., McAdams, D. P., Hirsch, B. J., & Bauer, J. J. (2001).
- Positive Psychology Scholar, John Templeton Foundation (2000-2001).
 Selected for First Positive Psychology Summer Training Institute, Sea Ranch, CA.
Project: Growth and Well-Being in Stories of Voluntary Life Transitions (\$500)
- Annual Dissertation Award winner (1998). Capitol Area Social Psychological Association

Workshops

- Bauer, J. J. (2015, May). *Life stories and transitions*. Proctor & Gamble, Clay Street Project, Cincinnati, OH.
- Bauer, J. J. (2015, March). *Coding narratives for flow and meaning-making*. Qualitative Research Lab, Quality of Life Research Center, Claremont Graduate University, Claremont, CA.
- Bauer, J. J. (2010, November). *Distill your point, value your reviewers, and don't bullshit*. Panel participant in the annual Editor's Roundtable for the University of Dayton Research Fellows Series, Dayton, OH.
- Bauer, J. J. (2009, November). *Making sense of personal narratives*. Center for Civic and Urban Engagement, Wittenberg University, Springfield, OH.
- Bauer, J. J. (1998, February). *Leading discussions in the classroom*. Invited to conduct annual teaching workshop for professors and teaching assistants, Catholic University.
- Bauer, J. J. (1991, January). *How to write stories for a newspaper*. Invited to conduct journalism workshop for high school students, Manistique, Michigan.

Manuscript Reviews for:

Developmental Psychology
Psychology and Aging
Journal of Personality and Social Psychology
Personality and Social Psychology Review
Journal of Personality
Journal of Research in Personality
Personality and Individual Differences
Journal of Personality Assessment
Social Behavior and Personality: An International Journal
Motivation and Emotion
Cognition and Emotion
Social Cognition
Current Directions in Psychological Science
Narrative Inquiry
Social and Personality Psychology Compass
Applied Cognitive Psychology
Journal of Happiness Studies
Journal of Moral Education
Communication Education
The Narrative Study of Lives (edited book series)
 Book proposals and completed book manuscripts for: Lawrence Erlbaum Associates;
 Prentice Hall; American Psychological Association Books; Oxford University Press

Professional Service

External reviewer of tenure and promotion applications of faculty at other institutions (2013, 2014)

Society for Personality and Social Psychology, liaison to Henry Murray Award committee (2012-2013)

Post-Doctoral Fellow Supervision

Lucas Keefer, Ph.D., University of Kansas 2014-present
Fellowship funded by the University of Dayton College of Arts and Sciences
 • Joint supervision of postdoctoral fellow for a longitudinal study of adult development

Hiroko Kamide, Ph.D., Osaka University, Japan 2008-2009
Fellowship funded by Japanese government
 • Studied with me at University of Dayton during two extended stays in 2008-2009 year
 • Research on narrative identity, growth narratives, and eudaimonia

Pre-Doctoral Fellow Supervision

Lars Bauger, M.A., Telemark University College, Norway Starting 2015
Fellowship funded by Norwegian government
Robert Bongaardt, PhD, dissertation advisor
 • Research on personality development and psychological well-being

Doctoral Dissertation Committees*Reader:*

Laura Graham (current). *Topic: Moral elevation, narrative identity, and eudaimonic growth.*
 Claremont Graduate University.

Schwab, Joseph (2015). *The narrative construction of identity in emerging adults: Reflections on the good life.* For Ph.D. in Developmental Psychology, Clark University, Worcester, MA

Shafer, Cynthia (2012). *Muslim Women on a Catholic Campus: How Muslim Women Students Experience Life on Catholic Campuses.* For Ph.D. in Higher Education Leadership, University of Dayton

Millar, Patti (2011). *Altered Paths: How Personal and Social Identities Change after Leaving Cultic Groups.* For Ph.D. in Clinical Psychology, Fielding Graduate University, Santa Barbara, CA

Schwind, Cassandra (2011). *Bad Luck Comes in Threes: A Narrative Investigation of the Impact of Multiple Traumatic Events.* For Ph.D. in Counseling Psychology, Swinburne University of Technology, Melbourne, Australia

Minix, Matthew (ongoing). *Integrating Traditions: Neo-Thomist Approaches to Psychology in Mid-Twentieth Century America*. For Ph.D. in Religious Studies, University of Dayton

Master's Thesis Committees

Chair:

- Mary-Ellen Hemming (current). *Differences in persistence for self-handicappers and defensive pessimists considering intrinsic and extrinsic motivation*. University of Dayton.
- Patti Broadbeck (current). *Growth motivation, conscientiousness, and Facebook usage*. University of Dayton.
- Mitch Brown (2014). *"Train real hard, brother!" The moderating role of identification with masculine role models on male body image processes*. University of Dayton.
- Elissa Lauber (2013). *Perfectionism: Good, bad, or growth?* University of Dayton.
- Ashley Skoda (2011; co-chair). *The relation between self-compassion, depression, and forgiveness*. University of Dayton.
- Nicole Arbuckle (2009). *The effect of reverse stereotype presentation on performance under stereotype threat*. University of Dayton.
- Sunwoong Park (2009). *Personality and situational factors in judgments of responsibility*. University of Dayton.
- Stepanie Zolomij (2007). *Self-compassion and psychological disorders*. University of Dayton.
- Carli Moncher (2007). *Adjustment to sexual assault: The predictive strength of self-attributions and self-efficacy*. Northern Arizona University.
- Jeremy Royal (2006). *Deciphering the relations among guilt, shame, and religious orientation: Is it all just social anxiety?* Northern Arizona University.

Reader:

- Laura Graham (2015). *The elevated good life: Moral elevation and elevation narratives in relation to eudaimonic well-being*. Claremont Graduate University.
- Julie Prosser (2015). *Under pressure? The relationship between reciprocity, intimacy, and obligation in self-disclosure*. University of Dayton.
- Corie Tippett (2014). *Mediators and moderators of the association between self-silencing and depression*. University of Dayton.
- Haylee DeLuca (2013). *Aggressive humor: Not always aggressive*. University of Dayton.
- Bridget Lynch (2013). *Do autonomous individuals strive for self positivity? A test of the universality of self-enhancement*. University of Dayton.
- Michelle Lanham (2011). *Gratitude and burnout among mental health care providers*
- Jennifer Farrell (2010). *Forgiveness, mood, and attachment style*. University of Dayton.
- Nicole Matros (2009). *Motivations for forgiveness*. University of Dayton.
- Jessie Beauvais (2007). *Emotional intelligence of high school teachers*. University of Dayton.
- Courtney Irwin (2005). *Motivation for gambling in senior adults*. Northern Arizona University.
- Laura Minch (2005). *Relatedness and flow in female athletes: Team versus individual sports*. Northern Arizona University.

Kelly James (2004). *Achievement goal motivation and academic performance*. Northern Arizona University.

Undergraduate Honors Theses

Chair

Ashley Ann Marshall (2015). Personal development when studying abroad. University of Dayton

Matt Graci (2011). *The false consensus effect of virtue*. University of Dayton (Co-Chair)

LeeAnn Chomanics (2010). *Drinking attitudes and behaviors*. University of Dayton

Lindsay Richerson (2006). *The effects of spirituality on life satisfaction and well-being*. Northern Arizona University

Reader

Courtney Zanocco (2001). *A narrative study of voluntary adult career transitions: Positive return to the real self*. Northwestern University

Amanda Faniff (2001). *A narrative study of religious conversion: The role of attachment in religious behavior*. Northwestern University

University Committee Service

University of Dayton

University

- University of Dayton Research Council (2013-2016)
- University Library Committee (2010-2013)
- University of Dayton Research Institute Website Committee (2010-2011)

College of Arts and Sciences

- Helderman Forum on Leadership, Human Values, and the Social Sciences (Chair, proposal 2014)
- Tenure and Promotion Committee (appointed 2013-2014; elected 2014-2017)
- Social Sciences Symposium (Chair, 2010-2013)
- Roesch Chair Lecture Series (Chair, 2010 – 2013)
- Learn, Lead, & Serve Scholarship Selection Committee (2010 – 2013)
- UD/Dayton Program Committee (2010 – 2011)

Department of Psychology

- Tenure and Promotion Committee (Chair 2011-2012; 2009-present)
- Faculty Affairs Committee (Chair 2007-08, Chair 2009-2012)
- Faculty Search Committees (2007-13; Chair, 2009-2010, Chair 2011-2012)
- Search Committee for Department Chair (Chair, 2009)
- Colloquium Committee (Chair, 2007-2010)
- Undergraduate Curriculum Committee (2007-2012)
- Graduate Program Committee, M.A. in General Psychology (2006-present)

Northern Arizona University

College of Social and Behavioral Sciences

- Strategic Planning Committee (2005-06)
- Curriculum Committee (2002-05)

Department of Psychology

- Undergraduate Program Committee (2002-06; Chair 2005-06)
- Academic Assessment Committee (2005-06)
- Faculty Annual Review Committee (2004-06)
- Faculty Search Committees (5) (2003-06)
- Graduate Program Committee, M.A. in General Psychology (2002-06)

Teaching Abroad

London (June-July 2014; Program Coordinator), Summer Study Abroad Program, University of Dayton

Paris (May-June 2011; Program Coordinator), Summer Study Abroad Program, University of Dayton

Paris (May-June 2009), Summer Study Abroad Program, University of Dayton

Memberships

American Psychological Association
 Association for Psychological Science
 Society for Personality and Social Psychology (APA Div. 8)
 Society for Personology
 Association for Research in Personality
 Society for Humanistic Psychology (APA Div. 32)
 Narrative Research Group (founding member)

Dissertation and Thesis

Dissertation (1999): *Constructing narrative identity while adapting to major life change*

Thesis (1997): *Making sense of stories that make sense of life: The theory, methods, and reliability of the Meanings in Life Coding System*

Media Stories Authored

Bauer, J. J. (2011, Summer). Your story, your self: Life stories and the science of happiness and meaning. *University of Dayton Magazine*, 3, 33-37.

Bauer, J. J. (2011, September 7). Taking stock of 9/11. *CNBC, Dayton Business Journal*, and numerous other websites.

Media Relations

- University of Dayton Magazine* (2014). Interviewed by Audrey Starr for story on the upcoming longitudinal study of alumni's adult development
- WDTN 2 News* (2014). Interviewed by Alexa Ashwell for a TV news story on the emotional impact of cold weather and how to boost your mood
- Scientific American Mind* (2013). My co-edited book, *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*, was featured as suggested reading in an article, "Letting go of self-esteem," by Jennifer Crocker and Jessica Carnevale
- University of Dayton Magazine* (2013). Interviewed by Audrey Starr for how-to column on "How to host a (mostly healthy, pretty happy) holiday meal."
- Huffington Post* (2013). Research featured in "The joys of generativity in midlife" by Susan Krauss Whitbourne
- Healthymagination.com* (2012). Story, "Can a Quiet Ego make you healthier?" by Dan Ferber
- Dayton Daily News* (2012). Story on the psychology of giving up and doing things for Lent. Interviewed by Meredith Moss
- Dayton Daily News* (2011). Story on 10th anniversary of 9/11. Interviewed by Mark Fisher
- Chicago Tribune* (2011). Story on happiness research. Interviewed by Cheryl McCarthy
- Whole Living Journal* (2011). Reprint of UD Alumni Magazine article
- Prevention Magazine* (2010). Interviewed by Fran Smith for story on posttraumatic growth
- University of Dayton Magazine* (2010). Interviewed by Matt DeWald for how-to column on meaning, happiness and science.
- Dayton Daily News* (2010). Interviewed by Chelsea Levingston for story on how people can and do reinvent themselves for career changes
- American Psychological Association Monitor* (2010). Interviewed by Sadie Dingfelder for story on narrative psychology
- More magazine* (2009). Interviewed by Susan Crandall for story on mid-life women's personality changes and making major life transitions
- Troy Daily News* (2009). Interviewed by David Fong for story on parental involvement in their children's sports
- Elle Magazine* (2009). Interviewed by Louisa Kamps for story on making life decisions. Featured my research on "crystallization of desire" versus "crystallization of discontent" from *Journal of Research in Personality* (2005)
- University of Dayton Flyer News* (2008). Interviewed by Kelsey Canoon for story on the Millennial Generation
- Best Life magazine* (2008). Interviewed by Mike Zimmerman for story and book on personal growth and defining moments in life
- Psychology Today* (2006). Interviewed by Kathleen McGowan for story on posttraumatic growth. Featured my research on the optimal balance of positive and negative self-evaluation from *Journal of Personality* (2001)
- Middletown Journal* (2006). Interviewed by Carrie Whittaker for story on middle-school adjustment
- National Public Radio* (2005). Interviewed by Allison Aubrey for story on positive psychology

Arizona Republic (2005). Interviewed by Richard Nilson for story on happiness research, drawing from my research on eudaimonic well-being in *Journal of Personality and Social Psychology* (2005)

Allure magazine (2004). Interviewed for a story on setting personal goals, drawing from my research on growth goals in *Developmental Psychology* (2004)

Positions Outside Academia

Ohio Gear & Transmission Inc., Cleveland, OH 1993 - 1997

Strategic Planning Consultant

- Directed strategic planning process
- Designed and conducted focus groups, interviews, and surveys

Harris Bank, Chicago, IL 1991 - 1992

Editor, Corporate Communications

- Managed, edited, and wrote corporate publications and communications
- Strategic planning committee

Trimedia Inc., Chicago, IL 1991

Account Executive and Editor

- Managed international public relations accounts in financial industry
- Managed media relations for clients

Pioneer-Tribune, Manistique, MI 1990 - 1991

Editor and Managing Editor

- Managed editorial department of weekly newspaper
- Wrote and edited articles (news, features, editorials, sports)
- Conducted interviews, shot all photos, designed paper's layout
- Established sports writing internship program for high school students
- Served on the Schoolcraft County Board of Commissioners Strategic Planning Committee

Community Involvement

- Coaching: Youth baseball, basketball, soccer
- Oakwood Sister City Association member (representative to Le Vésinet, France)
- Volunteer in public schools (e.g., physical education, disabilities awareness, art history, writing, social science)
- Human rights: International Campaign for Tibet
- Charity fundraising: Housing (Chicago, Washington, DC), Health (Cleveland, Dayton)
- Schoolcraft County (Michigan) Strategic Planning Board member

Personal Interests

- My family
- Travel; baseball; playing outdoors
- Writing; modern art; poetry; postmodernism; self-identity in the 21st century
- Ancient Eastern philosophy and modern Western philosophy of a good life; Buddhism; science & religion
- Trends in humor, advertising, and self-help books